Community Health Plan Template 5.1

Revised Nov.2015

| OUTCOME GOALS | | | | | | | OUTCOME MEASUREMENTS | | | | | | | | |
|---------------|---|--|---|---|-----------------------------|-------------------------------|----------------------|-------------------------------|------------------|-------------------------------|------------------|-------------|-------------|--|--|
| CHNA Priority | Outcome Statement | Target Population | Strategies/Outputs | Outcome Metric | Current Year Baseline | Year 1 Outcome Goal - # | Year 1 Actual | Year 2 Outcome Goal - # | Year 2 Actual | Year 3 Outcome Goal - # | Year 3 Actual | Hospital \$ | Matching \$ | | |
| Tobacco Usage | Raise awareness about the perils of smoking and facilitate quitting | All adults, 18 yrs+ in Clay County | Partner with American Lung Association for their "Freedom From Smoking" program | Provide NRT smoking cessation to 75 particpants | 15 | 20 | | 25 | | 30 | | | | | |
| Cancer | Raise awareness about breast cancer and breast health | All females, 18 yrs+ in Clay County | Disseminate information about breast health through marketing campaigns/community education programs | Connect with 2,250 women over 3 years | 500 | 500 | | 750 | | 1000 | | | | | |
| | Raise awareness about breast cancer and breast health, inducing proactive screenings | All females, 18 yrs+ in Clay County | Partner with the Cumberland Health Department and provide free/discounted mammograms | Provide mammorgrams to 925 women | 250 | 275 | | 300 | | 350 | | | | | |
| | Raise awareness about colon cancer and benefits of proactive screenings | All males, 18 yrs+ in Clay County | Partner with the Cumberland Health Department for their 'FIT Test' program | Provide free checks to 125 men | 35 | 35 | | 40 | | 50 | | | | | |
| | Conduct glucose screenings via Mission in Motion (MiM) unit | All adults, 18 yrs+ in Clay County | Use the MiM unit to raise diabets awareness via glucose screenings at community events | Provide screenings to 400 people | 0 | 100 | | 125 | | 175 | | | | | |
| Diabetes | Provide programs to help people reduce A1C levels via diabetes education and management | All adults, 18 yrs+ in Clay County | Disseminate information about managing diabetes through healthier lifestyle choices (CREATION Health) | Reach 150 individuals | 0 | 30 | | 50 | | 70 | | | | | |
| | Educate 3000 middle schoolers on healthy eating and exercise | All middle school students in Clay and Owsley counties | Teaching Live it Up! classroom sessions based on CREATION Health principles | 80 % of students pass post test | 87% | 80% | | 80% | | 80% | | | | | |
| | | | | # of students enrolled | 700 | 1000 | | 1000 | | 1000 | | | | | |

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| Overweight Population (inc. of physical inactivity) | Run an educational and physical fitness program based on CREATION Health to encourage a healthier lifestyle | All adults, 18 yrs+ in Clay County | Conducting "Summer Fitness" annually for local residents | # of people enrolled | 35 | 40 | | 50 | | 60 | | | |
| | | | | 80% must pass post test | 90% | | | 80% | | 80% | | | |
| | Encourage a healthier lifestyle and activity, focusing on 'Choice' and 'Activity' | High school students in the Red Bird Mission | Partner with Red Bird Mission to run a pilot walking program for the youth, that is broad enough to encompass their families as well | Touch 250 youngsters over three years with the walking program | 0 | 80 | | 80 | | 90 | | | |
| | Facilitate individuals suffering from any behavioral issues to follow a faith-based lifestyle via different programs | All adults, 18 yrs+ in Clay County | Partner with Chad's Hope to educate recoverers on the principles of CREATION Health and induce healthier lifestyle choices | Reach 135 Chad's Hope residents | 40 | 40 | | 45 | | 50 | | | |
| Behavioral Health drug/substance abuse) | Facilitate individuals suffering from any behavioral issues to follow a faith-based lifestyle via different programs | All adults, 18 yrs+ in Clay County | Partner with Laurel Creek Church to educate teenagers on a healthier faith based lifestyle, inclusive of physcial activity | Touch 500 youngsters at the Teen Camp at Laurel Creek Church | 100 | 100 | | 150 | | 250 | | | |
| | Facilitate individuals suffering from any behavioral issues to follow a faith-based lifestyle via different programs | All adults, 18 yrs+ in Clay County | Partner with Laurel Creek Church to deal with habit intervention for drugs/alcohol and educate on a healthier lifestyle | Reach 500 individuals at Celebrate Recovery | 100 | 100 | | 150 | | 250 | | | |

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