2019 AdventHealth Cancer Institute Waterman Outcomes Report



AdventHealth Waterman is proud to present our 2019 Annual Outcomes Report, including 2018 activities and 2017 Cancer Registry data.

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Dear Patients, Community Members and Colleagues

In 2018, AdventHealth Cancer Institute Waterman continued to provide and enhance its cancer services to ensure the highest quality of cancer care for our community.

Below are some of our achievements from 2018:

- Established a new medical director, Dr. Borys Mascarenhas, surgical oncologist, to lead Cancer Clinical Quality and the Breast Program.
- Began the process to become accredited by the National Accreditation Program for Breast Centers (NAPBC), a consortium of national organizations focused on breast health and dedicated to the improvement of quality outcomes for patients with breast disease.
- Established a dedicated Breast Tumor Board for multi-specialty involvement in treatment plan development for breast cancer patients.
- Installed Vision RT technology, an imaging application for patient positioning and motion management that helps provide more precise radiation treatment.
- Began using SpaceOAR gel that protects the rectum in men undergoing radiation therapy for prostate cancer, resulting in reduced risk of side effects.
- Received accreditation by the CEO Roundtable on Cancer a national consortium of institutions that promotes cancer prevention, early detection, and access to quality care for employees and their families.
- Received a \$3,000 grant from the Florida Society of Clinical Oncology (FLASCO) to provide financial assistance to cancer patients with unmet transportation and housing needs.
- Provided 120 screening mammograms to underserved patients through funding from the AdventHealth Waterman Foundation.
- Enhanced our presence in the community through local outreach that focused on education for screening and prevention of breast and gynecologic cancers.

These and many other achievements demonstrate the dedication of our cancer team in achieving our vision to provide comprehensive, quality care.

In partnership with our physicians, the community and donors, we will continue to focus on our commitment to providing the highest quality, state-of-the-art cancer care close to home for members of our community.

Regards,

Anudh Jain, MD Chair, 2018 Comprehensive Cancer Committee



VISION

Since its establishment in 1938, AdventHealth Waterman has been a leading provider of health care in Central Florida. The AdventHealth Cancer Institute Waterman continues to expand its services, offering the growing Lake County population easy access to the latest advances in cancer care. Our vision is to grow and enhance oncology services to be recognized as Lake County's leading provider of choice for comprehensive and high quality cancer care.

OVERVIEW

From diagnosis to recovery, AdventHealth Cancer Institute Waterman offers innovative state-of-the art health care. Our oncologists are experts in cancer care, having trained at top medical schools, and in other prominent hospitals and institutions. And through AdventHealth Cancer Institute, we connect Lake County to a network of care that ensures access to additional cancer specialists and technology.

The Cancer Institute is also accredited as a Comprehensive Community Cancer Program by the Commission on Cancer of the American College of Surgeons, so we meet the highest national standards in comprehensive patient-centered care. At AdventHealth Cancer Institute Waterman, patients can stay close to home connected to the community — while receiving the latest cancer treatments and therapies.

But state-of-the-art doesn't mean strictly technical. Our physicians and staff are dedicated to caring for each patient with compassion. Our team embraces the AdventHealth service standards that focus on the whole needs of each individual — physical, emotional and spiritual, resulting in a unique health care experience.

The best health care engages the body, mind and spirit, and each contributes to healing. That's why we invest in people and technology, from our state-of-the-art equipment that targets tumors with pinpoint accuracy, to cancer care navigators who provide patients with emotional support to overcome the hurdles during cancer treatment and recovery.







SUMMARY OF SERVICES

- Comprehensive Cancer Center Offering cancer services in one convenient facility
- Oncology Specialists:
 - o Chemotherapy/Infusion
 - o Financial Counseling
 - o Hematology
 - o Medical Oncology
 - o Navigation
 - o Nursing Inpatient and Outpatient
 - o Nutritional Counseling
 - o Oncology Social Work
 - o Palliative Care
 - o Pathology
 - o Pastoral Care
 - o Radiation Oncology
 - o Radiology
 - o Reconstructive Surgery
 - o Rehabilitation
 - o Surgical Oncology/General Surgery
 - o Tumor Registry
- Genetic Counseling and Risk Assessment
- Prevention and Screening
- Tumor Boards and Dedicated Breast Case Conference
- Clinical Trials
- Patient Support Groups and Education
- Survivorship Care

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CANCER CARE NAVIGATORS



Eileen Bascombe, RN, BSN, ONN-CG Certified Cancer Navigator



Charissa Wynn, RN, OCN, ONN-CG Certified Cancer Navigator

Cancer Care Navigators are specially trained and nationally certified oncology nurses who serve as critical liaisons between patients and their medical team during treatment and recovery.

The complimentary services they provide include personalized education and support, assistance with appointment scheduling, follow-up on test results and consultations, and help accessing financial assistance and psychosocial support.

RADIATION ONCOLOGY

In 2018, AdventHealth Cancer Institute Waterman continued to pursue the latest innovations in radiation oncology to ensure patients have access to the safest, most effective radiation care.

The Cancer Institute installed Vision RT technology, an imaging application for patient positioning and motion management that helps provide more precise radiation treatment by leaving less time for tumor motion during dose delivery. And AdventHealth Waterman was the first program in Lake County to use SpaceOAR gel that protects the rectum in men undergoing radiation therapy for prostate cancer, resulting in reduced risk of side effects and better quality of life.

These new technologies and others like the TrueBeam[™] linear accelerator, a radiotherapy system that uses synchronized imaging and dose delivery to deliver radiation faster with less radiation exposure to the patient, make AdventHealth Waterman a leader in bringing new cancer treatment techniques to Lake County.

Additional radiation technologies include image guided radiation therapy (IGRT); intensity modulated radiation therapy (IMRT); deep inspiration breath hold (DIBH) therapy; accelerated partial breast irradiation (APBI); high dose rate (HDR) prostate brachytherapy; 3D conformal radiation; conventional radiation; stereotactic radiosurgery; gated RapidArc radiotherapy which compensates for tumor motion by synchronizing imaging with dose delivery during a continuous rotation around the patient; and brachytherapy, a treatment with minimal side effects and shorter recovery times for skin and gynecologic cancers.

MEDICAL ONCOLOGY

The group of medical oncologists at AdventHealth Waterman treat patients using the latest advances in personalized medicine. New medications and procedures have vastly improved quality of care and outcomes in many conditions. Immune therapy, targeted medication and cancer genetic studies have helped provide care locally to numerous patients in the past year. With access to these new advances and a strong relationship with local and national prominent cancer institutions and experts, advanced cutting-edge local care has become a reality.



CLINICAL TRIALS

Clinical trials are research studies aimed at evaluating if a new treatment, like a new cancer drug, is safe and effective. Often a clinical trial is used to explore whether a new treatment is more effective and/or has less harmful side effects than the standard treatment. AdventHealth Cancer Institute Waterman gives patients the opportunity to participate in the newest therapies to fight cancer through a variety of clinical trials offered by the local medical oncology physicians.

In 2017, 5.4 percent of patients first diagnosed and/or treated at AdventHealth Waterman were enrolled in clinical trials.

TUMOR BOARD

A multi-disciplinary approach is often used to determine the most effective individualized treatment plans for our patients. Each week a team of our specialty physicians meets to review and discuss individual cases before recommending the best course of treatment. During these weekly tumor board meetings, each case is also reviewed against the Clinical Practice Guidelines established by the National Comprehensive Cancer Network (NCCN), an alliance of leading cancer centers. These guidelines offer additional clinical evidence and support to ensure our patients are receiving the best treatment options.

Cases Reviewed at Tumor Board

At AdventHealth Waterman, patients with complex cancer conditions are supported by a team of oncologists and other cancer specialists who collaborate at the Tumor Board to determine the best possible treatment plan for each patient. Breast cancer, the most commonly diagnosed cancer, was the most frequently reviewed type of cancer by the Tumor Board at AdventHealth Waterman in 2017.

CLINICAL TRIAL ENROLLMENT 2017

Total Analytic Cases*	777
Total Number of Patients Enrolled on Clinical Trials	42
Total Number of Patients Who Refused Enrollment on Clinical Trials	2
Percent of Analytic Patients Enrolled on Clinical Trials	5.4%

* Analytic Cases: Patients diagnosed and/or received their first course of treatment at AdventHealth Cancer Institute Waterman. Source: AdventHealth Cancer Institute Waterman Cancer Registry



2017 TUMOR BOARD TOP SITES

Source: AdventHealth Cancer Institute Waterman Cancer Registry

CANCER REGISTRY

Improving the survival and quality of life of our patients is our top priority. As part of our accreditation with the Commission on Cancer of the American College of Surgeons, AdventHealth Cancer Institute Waterman maintains a Cancer Registry. This information system allows us to track and compare our cancer outcomes and survival rates with other facilities across the country. The collective information helps us stay up to date on successful treatment trends and clinical trials, and guides us in designing programs to keep our community better educated about the importance of cancer screenings and prevention.

CANCER REGISTRY DATA: 2017

TOTAL CANCER PATIENTS Three-year Trend: 2015-2017

Year	2015	2016	2017
Patients	901	971	1,040

Source: AdventHealth Cancer Institute Waterman Cancer Registry



For more information or to refer a patient, call (352) 253-3600 or visit our website at AdventHealthWaterman.com.

Primary Tumor Sites

Breast cancer was the most commonly diagnosed cancer at AdventHealth Waterman in 2017, followed by respiratory and digestive cancers. Bone, connective and soft tissue cancers were the least frequently diagnosed.

Skin

Primary Site	Total	Analytic*	Non- Analytic**
All Sites	1040	777	263
Oral Cavity	33	18	15
Lip	1	0	1
Tongue	8	6	2
Oropharynx	6	4	2
Hypopharynx	0	0	0
Other	18	8	10
Digestive System	165	133	32
Esophagus	17	8	9
Stomach	15	15	0
Colon	64	58	6
Rectum	20	17	3
Anus/Anal Canal	4	3	1
Liver	15	10	5
Pancreas	20	13	7
Other	10	9	1
Respiratory System	182	146	36
Nasal/Sinus	0	0	0
Larynx	13	11	2
Other	2	1	1
Lung-Small Cell	31	26	5
Lung-Non-Small Cell	106	89	17
Other Bronchus & Lung	30	19	11
Blood & Bone Marrow	80	28	52
Leukemia	43	15	28
Multiple Myeloma	16	8	8
Other	21	5	16
Bone	1	1	0
Connective/Soft Tissue	4	2	2

JKIII	47	50	5
Melanoma	43	34	9
Other	4	4	0
Breast	201	175	26
Female Genital	45	35	10
Cervical	9	7	2
Uterine	25	20	5
Ovary	8	5	3
Vulva	0	0	0
Other	3	3	0
Male Genital	83	46	37
Prostate	78	42	36
Testis	4	3	1
Other	1	1	0
Urinary System	94	78	16
Bladder	63	52	11
Kidney/Renal	28	23	5
Other	3	3	0
Brain & Cns	38	26	12
Brain (Benign)	2	2	0
Brain (Malignant)	12	9	3
Other	24	15	9
Endocrine	12	10	2
Thyroid	4	2	2
Other	8	8	0
Lymphatic System	35	27	8
Hodgkin's Disease	5	4	1
Non-Hodgkin's	30	23	7
Unknown Primary	17	13	4
Other/III-Defined	3	1	2

Number of cases excluded: 1

Note: This report Excludes cancer in-situ cervix cases, squamous and basal cell skin cases, and intraepithelial neoplasia cases.

* Analytic: Patients who were diagnosed and/or received their first course of treatment at AdventHealth Cancer Institute Waterman.

** Non-analytic: Patients who were treated at AdventHealth Cancer Institute Waterman for subsequent treatment or for other conditions not related to first diagnosis/treatment. Source: AdventHealth Cancer Institute Waterman Cancer Registry



Ten Most Commonly Diagnosed Cancers

In 2017, 777 new cancer cases were diagnosed in patients at AdventHealth Waterman. Of the ten most commonly diagnosed cancers, breast, lung and colon cancers accounted for almost half of all cases.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

Bladder Cancer Cases: Treatment Combinations

In 2017, 79 percent of patients with bladder cancer were treated with surgery at AdventHealth Waterman. Chemotherapy combined with surgery was the second most common form of treatment.



AdventHealth Cancer Institute Waterman Cancer Registry



Source: AdventHealth Cancer Institute Waterman Cancer Registry

Breast Cancer Cases: Treatment Combinations

The most common forms of treatment for breast cancer patients at AdventHealth Waterman in 2017 were surgery, chemotherapy, hormone therapy and radiation therapy.

LEGEND		
Surg	Surgery	
Horm	Hormone Therapy	
Rad	Radiation	
Chem	Chemotherapy	
Immu	Immunotherapy	

Colon Cancer Cases: Treatment Combinations

In 2017, half of the patients with colon cancer were treated with surgery at AdventHealth Cancer Institute Waterman. Surgery combined with chemotherapy was the second most common form of treatment.



Lung Cancer Cases: Treatment Combinations

Radiation and/or chemotherapy was used to treat nearly half of all patients diagnosed with lung cancer at AdventHealth Cancer Institute Waterman in 2017.



Note: Graph contains the top 8 treatment combinations for Lung Source: AdventHealth Cancer Institute Waterman Cancer Registry

Prostate Cancer Cases: Treatment Combinations

Radiation was the most frequently used therapy to treat AdventHealth Waterman patients diagnosed with prostate cancer in 2017.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

Stage at Diagnosis

In 2017, most cancer patients seen at AdventHealth Waterman were diagnosed in the early stage (Stages 0-II). Often, when a cancer is diagnosed in an earlier stage, the cancer is more treatable. The stage in which the disease is detected often varies by cancer type.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

Total Cases = 777

Summary Stage at Diagnosis

About 34 percent of cancers diagnosed at AdventHealth Cancer Institute Waterman in 2017 were discovered while the cancer was still localized to the area in which it originated. Almost 30 percent of patients were diagnosed after the cancer had spread to distant parts of the body.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

SEER: The Surveillance, Epidemiology, and End Results Program of the National Cancer Institute (NCI) is an authoritative source of information on cancer incidence and survival in the United States.

In-situ: Abnormal cells present but have not spread Local: Cancer limited to where it originated Regional: Cancer that has spread to nearby tissue or body parts Distant: Cancer that has spread to distant parts of the body

Age at Diagnosis

Cancer was most frequently diagnosed in patients ages 70 to 79, followed by those 60 to 69 years old.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

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For more information or to refer a patient, call (352) 253-3600 or visit our website at AdventHealthWaterman.com.

Diagnosis by Race Distribution



Source: AdventHealth Cancer Institute Waterman Cancer Registry

Diagnosis and Treatment Center

Fifty-two percent of cancer patients treated at AdventHealth Waterman in 2017 were initially diagnosed at the hospital or an associated physician's office. Less than 7 percent of patients diagnosed at AdventHealth Waterman received all of their treatment elsewhere.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

Diagnosis by Gender

Of the patients diagnosed with cancer in 2017 at AdventHealth Waterman, more than half were female.



Source: AdventHealth Cancer Institute Waterman Cancer Registry

QUALITY PERFORMANCE IMPROVEMENT

Each year, AdventHealth Waterman Cancer Institute conducts several studies to monitor quality of care and identify any areas for performance improvement.

In 2018, one of these studies focused on ensuring that treatment provided at AdventHealth Waterman Cancer Institute conforms to evidence-based national treatment guidelines.

Study Topic: High Risk Prostate Cancer

AdventHealth Waterman sees approximately 70 to 80 prostate cancer patients annually. Physicians use a variety of tests to detect and diagnose prostate cancer. The first tests for diagnosing prostate cancer are usually the digital rectal exam (DRE) and the prostate-specific antigen (PSA) blood test.

In a DRE, the physician places two gloved fingers inside the rectum to feel the prostate gland for abnormalities. A PSA test requires drawing blood and testing for levels of a specific protein produced primarily by the prostate gland. Low levels of the antigen could indicate cancer.

If the DRE and/or PSA indicate a possible cancer, the physician may perform a prostate biopsy. Tissue cells from the biopsy are examined under a microscope to calculate a Gleason Score, which is used to determine if a tumor exists.

Monitoring Compliance with Evidence-Based Treatment Guidelines

In 2018, AdventHealth Waterman Cancer Institute's study evaluated prostate cancer patients who received external beam radiation therapy and were routinely prescribed hormonal therapy in the form of androgen deprivation therapy (ADT) prior to receiving radiation therapy. The National Comprehensive Cancer Network (NCCN) treatment guideline for this patient population is hormonal therapy prescribed prior to receiving radiation therapy. Patients in this study included those 70 years of age or under without a family history of cancer and without lifestyle risks, who were treated at AdventHealth Waterman in 2015 and 2016. A review of patient charts was done to identify patients considered to be at high risk for prostate cancer. Of these, patients who were in the high-risk category were identified based on DRE, PSA and Gleason Score.

The study identified fourteen patients considered to be at high risk based on the above criteria. All fourteen patients were recommended to receive external beam radiation therapy. One patient died before treatment was discussed. Thirteen patients followed the treatment recommendation and received androgen deprivation therapy.



Source: AdventHealth Waterman Cancer Institute Tumor Registry

The results of this study revealed that, based on criteria of this study, eligible patients who were offered hormonal therapy received it prior to radiation treatment.

The study concluded that AdventHealth Waterman Cancer Institute's treatment of high-risk prostate cancer patients follows the NCCN guidelines.

ADVENTHEALTH WATERMAN BREAST PROGRAM

In May 2018, the AdventHealth Waterman Cancer Institute established the Breast Program Leadership Committee to focus on quality of care provided to breast patients.

The Committee is chaired by Dr. Borys Mascarenhas, Clinical Quality Director of AdventHealth Waterman's Cancer Institute, and Lake County's only fellowship-trained surgical oncologist.

The 2018 Breast Program Leadership Committee included the following physicians:



Ahmed Al-Hazzouri, MD Medical Oncology

Anudh Jain, MD

Radiation Oncology



Ross Edmundson, MD **Chief Medical Officer**

Patricia Geraghty, MD Radiology



Peter Marzek, MD Reconstructive Surgery



Borvs Mascarenhas, MD Surgical Oncology



members in 2020 include:

Ahmed Al-Hazzouri, MD Medical Oncology



Richard Bosshardt, MD Reconstructive Surgery



The Committee meets monthly to plan, develop, implement and evaluate all

The Breast Care Team includes a diverse group of clinicians and health care

professionals specially trained in cancer care. Breast Care Team physician

activities of the breast program at AdventHealth Waterman to ensure highquality, comprehensive breast care services provided by the Breast Care Team.



Ralph Gousse, MD Medical Oncology

Maen Hussein, MD Medical Oncology



Jason Smith, DO

Surgery

Anudh Jain, MD Radiation Oncology



Borys Mascarenhas, MD Surgical Oncology



Medical Oncology





Peter Marzek, MD **Reconstructive Surgery**



Dan Tran, MD Surgery



Zeagler, MD







PATIENT SUPPORT

Social Services

While the challenges of a cancer diagnosis are overwhelming, the oncology social worker at AdventHealth Cancer Institute Waterman is specially trained to help patients obtain the emotional support they need. A comprehensive network of social services includes psychosocial counseling, support groups, financial and transportation assistance, home care and hospice referrals, and connections to community resources.

Monthly Support Groups

- All Cancers Group
- Breast Cancer Group
- Gynecological Cancer Group
- Men's Team Huddle Group

MEETING THE NEEDS OF OUR COMMUNITY

Staying up to date on the community's health care needs allows us to promptly evaluate concerns and make ongoing improvements. That's why we conduct a Community Health Needs Assessment. Driven by the findings from that report, we develop strategies to address the health care gaps and barriers to cancer care in Lake County.

Uninsured Lake County Residents

Ages 18 to 44	32.5%
Ages 45 to 64	

*Exceeds statewide percentage Source: 2019 Community Health Needs Assessment Rep

Improving Access to Cancer Care

The most common barriers to cancer care identified by the 2019 Lake County Community Health Needs Assessment are health insurance and financial issues, lack of knowledge of available local resources, challenges with palliative and advanced care planning, and obstacles to off-site outpatient treatment and transportation. AdventHealth Waterman Cancer Institute strives to break down the barriers by:

- Offering online and phone support by cancer care navigators who can assist with setting up appointments with specialists, securing imaging and test results, addressing financial support needs, and designing long-term survivorship care plans
- Increasing community outreach by cancer care navigators and oncology social worker through hospital programs and local charitable organizations
- Implementing Distress Screenings to identify and support patients facing emotional and social distress during treatment
- Providing inpatient Palliative Care and advanced care planning services
- Increasing awareness and availability of cancer screenings for early detection
- Offering access to an oncology Financial Counselor
- Providing transportation assistance

COMMUNITY OUTREACH

AdventHealth Cancer Institute Waterman's annual community outreach activities exemplify our Whole Person Care philosophy and demonstrate our commitment to fostering a healthy community. In 2018, we provided a series of community screening and prevention programs, including lectures and personalized educational sessions, wellness expos and health fairs, and sponsored programs and events including:

- Educational sessions Gynecological Cancer, Breast Cancer
- Lake County Living Well Expos
- Community Health Assessment/Screening Events
- Community Health Fairs
- Community Lectures and Presentations
- Annual Pinking Out Ceremony Kick-off for Breast Cancer
 Awareness Month
- Annual 5K Run/Walk



AMERICAN CANCER SOCIETY PARTNERSHIP

AdventHealth Cancer Institute Waterman's partnership with the American Cancer Society provides additional support to cancer patients in Lake County. In 2018, AdventHealth Waterman was a partner for Relay For Life. Relay For Life is the American Cancer Society's signature event dedicated to helping communities attack cancer by creating awareness and raising funds for providing cancer support in our community. AdventHealth Waterman provided over \$3,400 in financial support to Relay For Life in 2018 through a corporate sponsorship, and fundraisers conducted by AdventHealth Cancer Institute Waterman's "Rays of Hope" employee team.

Through Relay For Life and other partnerships, the American Cancer Society can provide cancer resources to Lake County residents. Some of these include:

- Wigs, wig stands and bras
- Educational information and literature
- Transportation and lodging assistance
- Health insurance assistance services
- Caregiver Resource Guides



PHILANTHROPY

Thanks to the generosity of our donor partners, the AdventHealth Waterman Foundation raises thousands of dollars annually that help fund valuable services to improve the health of our community.

In 2018, the Foundation raised more than \$48,000 to support Cancer Care Services (including more than \$27,000 raised by other local organizations) with an additional \$30,843 raised through events and promotion.

Each October, the hospital kicks off its annual "Pinking Out" celebration with a number of activities and educational events created to encourage breast cancer awareness, including the Pink Out 5K Run/Walk, the Ladies Legacy Luncheon and a direct mail campaign.

Proceeds from these events are used to promote breast cancer awareness, and provide financial and educational support for early detection and screening. Contributions to the AdventHealth Waterman Foundation in 2018 made it possible for us to conduct 123 screening mammograms for women who might not have otherwise been able to receive the early screening procedure.

2018 Contributions and Distributions

Contributions

- Raised by hospital for cancer care.....\$78,854
- Raised by partner organizations
 - o Designated for cancer care.....\$3,246
 - o Designated for screening mammograms \$23,861

Distributions

- Cancer care services
 \$5.594
- Donated by hospital for screening mammograms for uninsured and underserved patients......\$28,826

2018 CANCER COMMITTEE MEMBERS

Thoracic Surgery



Ahmed Al-Hazzouri, MD **Clinical Liaison** Physician Medical Oncology



Jason Gerboc, MD Urology



Ross Edmundson, MD Chief Medical Officer



Seble Gabre-Madhin, MD Surgerv



Ralph Gousse, MD Medical Oncology



Ajit Hansalia, MD Palliative Care



Anudh Jain, MD Comprehensive Cancer Committee Chair Radiation Oncology



Peter Marzek, MD Reconstructive Surgerv



Borvs Mascarenhas, MD Medical Director of Cancer Clinical Quality and Breast Program Medical Director

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Deborah Zeagler, MD Cancer Conference Coordinator Pathology

FOR MORE INFORMATION

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