FLORIDA HOSPITAL
Apopka

2017-2019 Community Health Plan

(Implementation Strategies)

May 15, 2017

Community Health Needs Assessment Process

Florida Hospital Apopka conducted a Community Health Needs Assessment (CHNA) in 2016. Florida Hospital Apopka (the Hospital) conducted a Community Health Needs Assessment (CHNA) in 2016. The Apopka Assessment was drawn in part from a four-county Assessment (Seminole, Orange, Lake and Osceola Counties) that was conducted in partnership with Orlando Health (hospital system), the Health Departments representing Orange, Osceola, and Seminole Counties, and Aspire Health Partners. The Assessment identified the health-related needs of community including low-income, minority, and medically underserved populations.

In order to assure broad community input, Florida Hospital Apopka created a Community Health Needs Assessment Committee (CHNAC) to help guide the hospital through the Assessment and Community Health Plan process. The Committee included representation not only from the hospital, public health and the broad community, but from low-income, minority and other underserved populations.

The Committee met throughout 2016 and early 2017. The members reviewed the primary and secondary data, reviewed the initial priorities identified in the Assessment, considered the priority-related Assets already in place in the community, used specific criteria to select the specific Priority Issues to be addressed by the hospital, and helped develop this Community Health Plan (implementation strategy) to address the Priority Issues.

This Community Health Plan lists targeted interventions and measurable outcome statements for each Priority Issue noted below. It includes the resources the hospital will commit to the Plan, and notes any planned collaborations between the hospital and other community organizations and hospitals.

Priority Issues that will be addressed by Florida Hospital

Florida Hospital Apopka is one of seven Florida Hospital campuses that serve the residents of the greater Central Florida area under a single hospital license. For this Community Health Plan, anticipated hospital dollars anticipated are specific to the Florida Hospital Orlando campus unless specifically noted otherwise. Florida Hospital Apopka will address the following Priority Issues in 2017-2019:

- **Access to Care – Preventative** includes food insecurity and obesity, and maternal and child health.
- **Access to Care – Primary and Mental Health** includes affordability of care and access to appropriate-level care utilizing care navigation and coordination.
- The issue of **chronic disease** — cancer, diabetes and heart disease — relates to each of the categories.

Issues that will not be addressed by Florida Hospital Apopka

The 2016 Community Health Needs Assessment also identified the follow community health issues that Florida Hospital Apopka will not address. The list below includes these issues and an explanation of why the hospital is not addressing them.

1. **High rates of substance abuse:** This issue was not chosen because addiction is understood to be a component of poor mental health. If Florida Hospital can positively affect access to mental health services, a component of the top priority chosen, this may also affect rates of substance abuse.
2. **Homelessness:** While homelessness is a serious issue in Central Florida, the issue was not chosen because Florida Hospital is already working with community partners, including the Regional Commission on Homelessness, on this issue. In late 2014, the hospital donated $6 million to the Commission's Housing First initiative.
3. **Lack of affordable housing:** This issue was not chosen because the hospital does not have the resources to effectively meet this need.
4. **Poverty:** This issue was not chosen because the hospital does not have the resources to effectively meet this need.
5. **Asthma:** While asthma did emerge as a serious health concern in the area assessed, the hospital did not choose this as a top priority because if the community has access to preventative and primary care, a component of the top priority chosen, this may also affect the rates of asthma.
6. **Sexually transmitted infections (STIs):** This issue was not chosen as a top priority because while the hospital has means to treat STIs, it does not have the resources to effectively prevent them. Additionally, if the community has access to preventative and primary care, a component of the top priority chosen, this may affect rates of STIs.
7. **Diabetes in specific populations:** This issue was not chosen specifically because it falls in the category of chronic disease, which relates to the top priority chosen. As Florida Hospital develops its Community Health Plan, it will factor in the higher prevalence of diabetes in minority populations.
8. **Infant mortality in specific populations:** This issue was not chosen specifically because it falls in the category of maternal and child health, which relates to the top priority chosen. As Florida Hospital develops its Community Health Plan, it will factor in the higher prevalence of infant mortality in minority populations.

Board Approval

The Florida Hospital board formally approved the specific Priority Issues and the full Community Health Needs Assessment in 2016. The Board also approved this Community Health Plan in 2017.

Public Availability

The Florida Hospital Apopka Community Health Plan was posted on its web site prior to May 15, 2017. Please see https://www.floridahospital.com/community-benefit/. Paper copies of the Needs Assessment and Plan are available at the hospital, or you may request a copy anwar.georges-abeyie@flhosp.org

Ongoing Evaluation

Florida Hospital Apopka's fiscal year is January – December. For 2017, the Community Health Plan will be deployed beginning May 15 and evaluated at the end of the calendar year. In 2017 and beyond, the Plan will be implemented and evaluated annually for the 12-month period beginning January 1 and ending December 31. Evaluation results will be posted annually and attached to our IRS Form 990, Schedule H.

For More Information

If you have questions regarding Florida Hospital Apopka's Hospital's Community Health Needs Assessment or Community Health Plan, please contact anwar.georges-abeyie@flhosp.org.

OUTCOME GOALS						OUTCOME MEASUREMENTS								
CHNA Priority	**Outcome Statement**	**Target Population**	**Strategies/Outputs**	**Outcome Metric**	**Current Year Baseline**	**Year 1 Outcome Goal - #**	**Year 1 Actual**	**Year 2 Outcome Goal - #**	**Year 2 Actual**	**Year 3 Outcome Goal - #**	**Year 3 Actual**	**Hospital $**	**Matching $**	**Comments**
Access to Care: Chronic Disease Strategies	Increase access to knowledge of chronic disease self-management practices	Low income, minority and vulnerable populations within 32703 & 32712	Evidence-based Stanford Chronic Disease Self-Management Program (CDMSP) in targeted zip codes	Number of individuals enrolled in CDSMP classes in targeted zip	New Metric Tracked (0)	20		30		40		$3,000 expected for year 1 - $9,000 expected over 3 years (system costs for CDSMP Classes)		While the Heart of Apopka program has been ongoing, this 'new metric' will require a new baseline
				Number of CDSMP enrollees who graduate	New Program (0)	15		15		20				
				Number of CDSMP sites	1	2		3		4				There was a CDSMP site previously in Apopka but targeted effort requires new baseline
				Number of residents trained to lead CDSMP classes	New Program (0)	5		7		9				
Access to Care: Food Insecurity and Prevention	Improve access to knowledge around healthy nutrition and wellness	Low income, minority, and vulnerable populations within 32703 & 32712	Wellness classes that provide access to knowledge around healthy nutrition to community members	Number of participants from targeted zips graduating from Nutritional wellness classes	New Program (0)	50		60		70		$5,000 per year - $15,000 over 3 years (system spending initiative)		Nutritional classes will connect to efforts for affordable accessible food

OUTCOME GOALS						OUTCOME MEASUREMENTS								
Outcome Statement	**Target Population**	**Outcome Statement**	**Target Population**	**Outcome Statement**	**Current Year Baseline**	**Year 1 Outcome Goal - #**	**Year 1 Actual**	**Year 2 Outcome Goal - #**	**Year 2 Actual**	**Year 3 Outcome Goal - #**	**Year 3 Actual**	**Hospital $**	**Matching $**	**Outcome Statement**
Access to Care: Food Insecurity and Prevention Strategies	Improve access to knowledge of healthy behaviors	Children within targeted zips of 32703 & 32712	Mission FIT within targeted zip codes of PSA	Number of schools that experience Mission FIT programming targeted zip codes	New Footprint (0)	2		2		2		$5,000 per year resulting in $15,000 per 3 years		Mission FIT is an evidence based Florida Hospital wellness outreach program
	Educate and empower faith community to promote health within congregations in critical areas	Churches within targeted zip codes 32703 & 32712	Create network of Faith Partners that can promote health through congregational health settings	Number of congregations in Faith Network	New Program (0)	4 churches		5 churches		6 churches		$2,000 per year resulting in $6,000 over 3 years		
				Number of health promotion events and/or activities at churches within the network	New Program (0)	**5**		6		7				
	Support and create opportunities for increased quality of life for residents of Orange County	Policies that impact the lives of residents of Orange County within targeted zip codes (32703 & 32712)	Healthy Central Florida to support, draft, and influence policy changes that support community development such as smoke-free resolutions	Number of businesses that adopt policies that support community health	New Program (0)	**5**		7		9		$1,000 per year resulting in $3,000 over 3 years		
				Number of Healthy Central Florida Events and programs occurring within targeted zip codes	New Program (0)	4		6		8		$3,500 per year resulting in $10,500 over 3 years		
		Provide follow up care for uninsured & underinsured patients from targeted zip codes (32703 & 32712)	Establish Community Medicine Clinic for the uninsured within targeted zip code	Number of patients seen at the Orlando Community Medicine Clinic from the FH Apopka targeted zip codes	New metric (0)	50		60		70		$200,000		

OUTCOME GOALS						OUTCOME MEASUREMENTS								
CHNA Priority	**Outcome Statement**	**Target Population**	**Strategies/Outputs**	**Outcome Metric**	**Current Year Baseline**	**Year 1 Outcome Goal - #**	**Year 1 Actual**	**Year 2 Outcome Goal - #**	**Year 2 Actual**	**Year 3 Outcome Goal - #**	**Year 3 Actual**	**Hospital $**	**Matching $**	**Comments**
Access to care Chronic Disease Strategies	Support opportunities that promote knowledge of chronic diseases within PSA	Orange County Residents	Support the American Heart Association	Value of Support		$166,000		$166,000		$166,000		This is a Florida Hospital system number: **$**166,000 per year for 3 years totaling in $498,000		
				Percent of campus employee participation in Heart Walk	9.63%	10%		11%		12%				
				Number of dollars fundraised across all campuses	219,880	$220,000		$230,000		$240,000		Florida Hospital system number		
Access to Care: Primary and Secondary Care Strategies	Increase access to specialty care services in Orange County	Uninsured residents of Orange County	Continue to fund and refer patients to the transitions clinic that case manages patients into the appropriate levels of hospital and community care	Number of patients seen at FH Transitions Clinic	New Metric	50		60		70		Florida Hospital system number. $50,000 per year for 3 years resulting in $150,000		The transitions clinic helps uninsured patients from all seven Florida Hospital facilities who need secondary care
		Uninsured in zip codes 32703 and 32712	Continue to Fund and refer patients to the Lung Clinic in FH Transitions Clinic	Number of patients	New metric	50		60		70		Florida Hospital system number. $50,000 per year for 3 years resulting in $150,000		
			Establish Community Medicine Clinic for the uninsured	Number of patients	New metric (0)	50		60		70				