

August 2013

## Health Reform's Preventive Services for Children & Men

*Our April 2013 Health Issues Brief focused on women's access to preventive services and health insurance coverage through the Patient Protection and Affordable Care Act (PPACA). Under this law, private health plans must provide coverage for a range of preventive services. This Brief discusses the preventive services available for children and men through PPACA.*

### Impact on Coverage for Children and Men

Under the Patient Protection and Affordable Care Act (PPACA), private insurers and Health Exchange insurance plans are required to cover certain preventive services free of cost to beneficiaries (meaning no co-payments, deductibles or co-insurance). The only exceptions may be for "grandfathered plans," which can be individual plans (the kind you buy on your own) or group plans (the kind you receive through an employer) that existed on March 23, 2010. PPACA requires private insurance plans to provide coverage under four broad categories:

1. evidence-based screenings and counseling,
2. routine immunizations,
3. childhood preventive services, and
4. preventive services for women.

### Preventive Services for Children & Men

For children, preventive services are provided based on recommendations by the Health Resources and Services Administration's (HRSA's) Bright Futures Project. Recommendations are based on evidence and are designed to improve the health and well-being of infants, children and adolescents. Preventive services for men include screenings for prostate cancer (for men age 40 and older) and abdominal aortic aneurysm screenings (for men age 65-75 who have ever smoked).

The following table indicates preventive services for both children and men that are to be covered at no cost to beneficiaries, even if deductibles have not been met.

Summary of Preventive Services Available to Children and Men at No Cost

Cancer	Chronic Conditions	Immunizations	Health Promotion
<p><b>Colorectal cancer</b> Either fecal occult blood testing, colonoscopy, or sigmoidoscopy (adults 50-75)</p>	<p><b>Cardiovascular health</b> Hypertension screening (risk assessment in infants, measurement children 3+)</p> <p>Lipid disorders screenings (Children risk assessment 2+; men 35+)</p> <p><b>Obesity</b> Screening (Children ^+, all adults)</p> <p>Counseling and behavioral interventions (obese children, adults)</p> <p>Body mass index (BMI)</p> <p><b>Type 2 Diabetes screenings</b> (adults w/ elevated blood pressure)</p> <p><b>Depression screening</b> (adults and adolescents, when follow-up support is available)</p>	<p><b>DTaP</b> (children 15-18 months, 4-6 years)</p> <p><b>Haemophilus influenzae Type B</b> (children 12-18 months)</p> <p><b>Hepatitis A</b> (children 12-23 months, 2-18 years w/risk factors; adults 19+ w/ risk factors)</p> <p><b>Hepatitis B</b> (children newborn-18 months, 7-18 years; adults 19+ w/ risk factors)</p> <p><b>HPV</b> (women 11-26)</p> <p><b>Inactivated Poliovirus</b> (children 6-18 months, 4+)</p> <p><b>Influenza (yearly)</b> (children 6+ months &amp; adults)</p> <p><b>Meningococcal</b> (children 11-12 , 2-18 w/risk factors; adults 19+ w/ risk factors)</p> <p><b>MMR</b> (children 1-18 years; adults 19-49; 50+ w/risk factors)</p> <p><b>Pneumococcal</b> (children 12-18 months, 2+ w/risk factors; adults 19-64 w/risk factors)</p> <p><b>Td booster, Tdap</b> (children 11-18 years; adults 19-64)</p> <p><b>Varicella</b> (children 12-18 months, 2 years+ w/risk factors; adults 19+)</p> <p><b>Rotavirus</b> (children 2-8 months)</p> <p><b>Zoster</b> (adults 60+)</p>	<p><b>History and physical exams</b> (children newborn-adolescents 21 years)</p> <p><b>Measurements: length/height, weight, head circumference, weight for length</b> (children newborn+)</p> <p><b>Vision and hearing screenings/assessment</b> (children newborn+)</p> <p><b>Metabolic/hemoglobin, phenylketonuria, sickle cell, congenital hypothyroidism screenings</b> (newborn)</p> <p><b>Gonorrhea prophylaxis</b> (newborn)</p> <p><b>Anemia screening, supplements</b> (children 6 months+)</p> <p><b>Lead screening</b> (children risk assessment and/or test 6 months-6 years)</p> <p><b>Tuberculin screening</b> (children risk assessment 1 month+)</p> <p><b>Oral health – risk assessment, referral to dental home,</b> (children 6 months-6 years)</p> <p><b>Developmental screenings and Surveillance</b> (children newborn-adolescence)</p> <p><b>Alcohol misuse screening and counseling</b> (risk assessment adolescents 11+; all adults)</p> <p><b>Tobacco counseling and cessation interventions</b> (all adults)</p> <p><b>Intensive healthy diet counseling</b> (adults w/high cholesterol, CVD risk factors, diet-related chronic disease)</p>

Focus on Health Reform, Kaiser Health <http://kaiserfamilyfoundation.files.wordpress.com/2013/01/8219.pdf>

© 2013 Florida Hospital Government & Public Affairs  
For more information, please contact  
[rich.morrison@flhosp.org](mailto:rich.morrison@flhosp.org) (407) 303-1607 or  
[julie.zaiback@flhosp.org](mailto:julie.zaiback@flhosp.org) (407) 303-6904