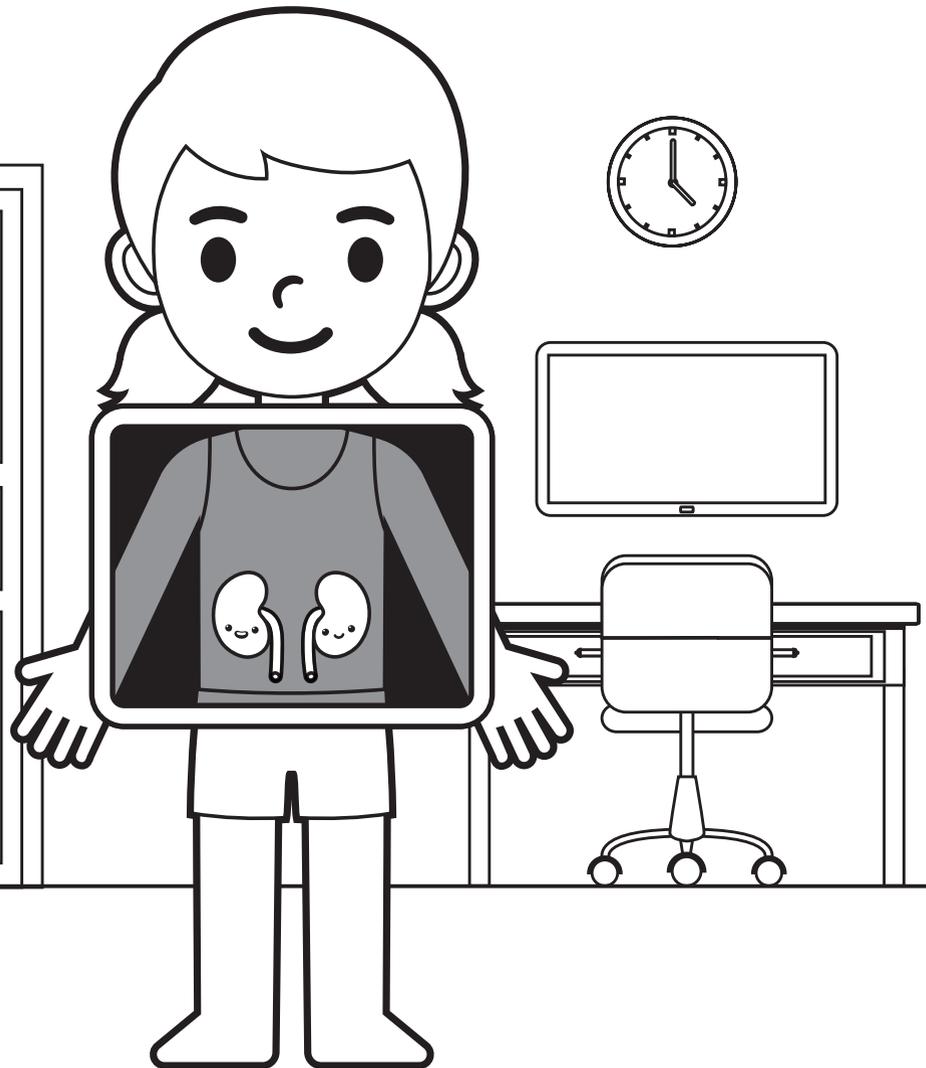


# Let's Learn About Kidneys



**Fun Fact:** Kidneys are like washing machines for the blood in your body. They filter the blood constantly and help remove waste. Keep them healthy by drinking lots of water and limiting your salt.

  
**Advent Health**  
for Children